



Bismarck Veterans Memorial Public Library

Y O U B E L O N G H E R E

October 03, 2024

MEDIA ADVISORY

FOR IMMEDIATE RELEASE: Bismarck Veterans Memorial Public Library presents Ballroom Basics

WHAT: We are inviting all social dance lovers!

Whether you are a seasoned pro or a complete beginner, we invite you to join us for an evening of fun and excitement at Ballroom Basics. Our experienced instructor from Northern Plains Dance will guide you step-by-step through the fundamentals of "lead and follow," "basic footwork patterns," and musicality in various popular dance styles, including Two Step, East Coast Swing, and Argentine Tango.

Imagine yourself confidently gliding across the dance floor, feeling the rhythm of the music and the connection with others. It is very exhilarating! Ballroom dancing is a great way to relieve stress, boost your mood, and stay active. It is also a fun and social activity you can enjoy with friends, family, or strangers.

So come on and join us for Ballroom Basics! No partner is needed either! We'll see you on the dance floor!

WHEN: Wednesdays from 7:00pm to 8:00pm
October 16 - Waltz
October 23 - Foxtrot
October 30 - Two Step
November 6 - East Coast Swing
November 13 - Argentine Tango
November 20 - Salsa

WHERE: Bismarck Veterans Memorial Public Library, Meeting Room A

WHO: Free and open to adults. Media is invited to attend.

FOR ADDITIONAL INFORMATION CONTACT: **MAC KEMMER, Adult Services Program Coordinator**
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MEDIA KIT: <https://www.bismarcklibrary.org/2221/For-the-Press>

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