



Bismarck Veterans Memorial Public Library

June 25, 2024

MEDIA ADVISORY

FOR IMMEDIATE RELEASE: Bismarck Veterans Memorial Public Library Presents Yoga for Youth

WHAT: Join Ashtanga Vinyasa yoga instructor Angie Kambeitz as she leads yoga classes for children on the library's labyrinth. If you have a yoga mat of your own, please bring it along. A supply of mats will be available to use on site. (In case of inclement weather, the classes will be moved indoors to the Children's Library.)

WHEN: Mondays, July 01, 08, 15, 2024
9:30 AM - Yoga for Preschool
10:00 AM - Yoga for Elementary-aged

WHERE: Bismarck Veterans Memorial Public Library, Library Labyrinth

WHO: Free and open to children of preschool and elementary ages. Media is invited to attend.

FOR ADDITIONAL INFORMATION CONTACT: **TRACI JUHALA, HEAD OF YOUTH SERVICES**
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MEDIA KIT: <https://www.bismarcklibrary.org/2221/For-the-Press>

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