

Bismarck Fire Department 2019 Poster Contest Rules

1. The poster contest is open to all 3rd, 4th and 5th grade students.
2. All posters are to be done on 8 ½" x 11" sized paper only.
3. All posters are to be related to this year's theme:

"Not Every Hero Wears a Cape. Plan and Practice Your Escape."

4. For more information regarding this year's theme go to the NFPA website at www.nfpa.org.
5. All posters need to be submitted to the Headquarters Station located at 1020 Central Avenue by **4:00 pm Friday, October 25th**.
6. ***Please print on the back of all posters:***
 - A. Student's full name.
 - B. Parent or guardian's name.
 - C. Telephone number.
 - D. Teacher's name.
 - E. School.
 - F. Grade level.
7. All posters will be judged based on imagination, neatness, following directions, and adherence to this year's theme.
8. All posters will be judged by the end of the day on Wednesday, Oct. 30th.
9. All Winners will be notified by the end of the day on Wednesday, Oct. 30th.
10. All decisions are final.
11. The first place winner of each grade level will receive a ride to school in a fire truck, a \$5.00 gift certificate to McDonalds, their poster returned to them in a frame, and a first place ribbon.
12. The second place winner of each grade level will receive a \$5.00 gift certificate to McDonalds, their poster returned to them in a frame and a second place ribbon.
13. The third place winner of each grade level will receive a \$5.00 gift certificate to McDonalds, their poster returned to them in a frame and a third place ribbon.
14. No other posters will be returned. All posters become the property of the Bismarck Fire Department.
15. All first place winners parent or guardian will need to sign a release form before the student can ride in the fire truck.
16. The first place winner of the 3rd grade will receive their ride to school on Tuesday, Nov. 5th.
16. The first place winner of the 4th grade will receive their ride to school on Wednesday, Nov. 6th.
17. The first place winner of the 5th grade will receive their ride to school on Thursday, Nov. 7th.
18. In the event the first place winner lives beyond Bismarck City limits, we will meet him or her at the City limits.
19. In the event any winners go to Prairie Rose School or Lincoln Elementary, Bismarck Rural Fire Department has graciously agreed to provide assistance.

DISCLAIMER: Not sponsored/endorsed by Bismarck Public Schools.

2019 Campaign

This year's campaign, "Not Every Hero Wears a Cape. Plan and Practice Your Escape", works to educate people about three basic but essential steps to take when planning and practicing a fire escape:

Home fire escape planning should include the following:

- Drawing a map of each level of the home, showing all doors and windows
- Going to each room and pointing to the two ways out
- Making sure someone will help children, older adults, and people with disabilities wake up and get out
- Teaching children how to escape on their own in case you cannot help them
- Establishing a meeting place outside and away from the home where everyone can meet after exiting
- Having properly installed and maintained smoke alarms

Home fire escape practice should include the following:

- Pushing the smoke alarm button to start the drill
- Practicing what to do in case there is smoke: Get low and go. Get out fast.
- Practicing using different ways out and closing doors behind you as you leave
- Never going back for people, pets, or things
- Going to your outdoor meeting place
- Calling 9-1-1 or the local emergency number from a cell phone or a neighbor's phone

Smoke Alarms

- Smoke alarms detect and alert people to a fire in the early stages. Smoke alarms can mean the difference between life and death in a fire.
- Working smoke alarms cut the risk of dying in a home fire in half.
- Install smoke alarms in every sleeping room, outside each separate sleeping area, and on every level of the home, including the basement.
- Test smoke alarms at least once a month using the test button.
- Make sure everyone in the home understands the sound of the smoke alarm and knows how to respond.